

C'est si Bon!

Culinary Travels



Terms and Conditions Participation Agreement (TCPA)

For Taste the Adventure teen participants and their parent or legal guardian (“parent”):

EXPECTATIONS: Taste the Adventures are structured group activities which require positive, active and willing participation. TTA trips are all within the ability range of the vast majority of average young adults who have the desire to participate. Participants must recognize their personal responsibility to the success of their trip. Ultimately, it is your responsibility to assess the appropriateness of TTA programs for yourself. The majority of TTA time and activities are structured and supervised but students will have some “free time” which does not involve constant supervision/surveillance. Group members must be able to assume responsibility for their actions and decisions. Students whose parents require them to be under constant surveillance or who are likely to act irresponsibly should not apply.

This TCPA represents our commitment to the majority of students who enjoy the privilege of Taste the Adventure and respect necessary rules and limits. **READ IT CAREFULLY.** Misbehavior requiring a disproportionate amount of attention is perceived as cool among some teenagers, not Taste the Adventure. We will not accept any deviation from this agreement. If a participant disrespects the TCPA he or she will be sent home. **COUNT ON IT.**

RULES: Both the participant and parent must understand and agree to Taste the Adventure’s expectations and policies:

1. If a student has a problem or if your trip leaders call you on an issue, **YOU** must partner to solve the problem. Taste the Adventure requires active and willing contributions from all participants. Taste the Adventure staff reserve the right, in their sole discretion, to send home participants who jeopardize the group’s safety or success, break any Taste the Adventure rules, engage in conduct injurious to themselves or others, or engage in any conduct deemed by Taste the Adventure to be detrimental to the program including but not limited to behavior issues, medical or emotional issues or excessive attention requirements.
2. All Taste the Adventure trips are adventure programs which require physical exertion, mental toughness and a positive attitude. **You will be assigned a job each day; including cook, leader of the day, clean up, van clean up, evening activity planner, language leader, etc. Complaining is not an activity on Taste the Adventure; self-motivation, leadership and contributing are.**
3. Safety rules and the buddy system must be respected at all times. Freedom equals responsibility. Staff must know and approve of your whereabouts 24 hours a day. Leaders will oversee a safety lesson with participants to reinforce conduct and behaviors which are required to travel responsibly in unfamiliar environments. However, you need to understand that, at all times, you share in the responsibility for your own well-being and the well-being of others on the program. The Taste the Adventure office can always be reached to discuss concerns.
4. The equipment list is 100% mandatory. Failure to be fully prepared presents a serious problem both to you and to others. You will be required to purchase forgotten, lost or stolen items.
5. Tobacco, drugs, alcohol, weapons or anything illegal are not allowed. Those found with any form of tobacco, drugs, alcohol or anything illegal will be sent home without appeal. You agree that TTA leaders have the right to search your personal belongings and or drug/alcohol test you. For health and other reasons, getting piercings or tattoos while on a TTA trip will result in immediate dismissal. **DO NOT** bring or purchase knives, including Swiss Army knives. All knives will be thrown away.
6. **Sleep:** You will have the opportunity for eight hours of sleep and will be required to wake between 6 and 8 am every morning.

This routine allows you to take advantage of daylight and promotes health. Participants go to bed when the leaders do. Accommodations are never coed and are strictly for sleeping.

TASTE THE ADVENTURE WITH C'EST SI BON!

1002 Brace Lane • Chapel Hill, NC 27516 • USA

CALL: (919) 942-6550 • **EMAIL:** Dorette@cestsibon.net • **FAX:** (919) 942-6550

7. Some TTA participants come with friends; use this as a source of strength. Announce that you want to be friends with everyone. During the first few days be flexible, sit, stay and talk with everyone. Be a part of a work team with new friends. Avoid an air of superiority, exclusivity or cliques.
8. Sex: Friendships contribute while couples detract from the group experience. Couples want to be by themselves and there is jealousy and envy. When the relationship goes sour, the tension that develops make everyone uncomfortable. For these reasons, we encourage friendship and discourage couples. Intimate sexual activity will result in dismissal.
9. TTA "Unplugged": Cell and smart phones are strictly for airport days and the few occasions we call home during your trip. **Phone and camera must be separate devices.** Upon arrival trip leaders will collect and hold phones. TTA is NEVER responsible for lost, stolen or damaged personal items, including cell phones. Music devices can ONLY be used when shared by the whole group. DO NOT BRING laptops or handheld video games. Musical instruments, books, and digital/video/ waterproof cameras are encouraged.
10. Communication: You and your trip leaders must call your family within 90 minutes of arrival from the airport; **International trips:** Please do not purchase a phone card for international trips before you arrive. Your TL will arrange for means to call home (please have \$20 USD set aside for your TL to collect). You will call home approximately once a week during the trip. Otherwise we discourage calls or text messaging because they detract from the experience and disrupt the bonding process. In an emergency we will immediately attempt to reach families.
11. The cultures and ecosystems we visit must be treated with respect. Low impact travel includes leaving areas cleaner than we found them, no feeding animals, no wasteful fires, consuming in moderation, breaking down into smaller groups on backpack hikes and visiting with a sense of openness and humility. Respectful travel will allow us to see and experience more, and is necessary for Taste the Adventure to be welcomed back in these unique environments for years to come.
12. Some TTA itineraries include service projects that may include farming, harvesting or work projects with local people. Service projects give you the opportunity to give back to the people and areas we visit.
13. PROBLEMS: Your leaders are required to contact your family if there is a doctor visit or personal problem. If a behavior, attitude or other problem arises, parents will be called for help. Parents will then receive a follow up call informing you of one of the following: either the situation has improved or TTA will be notifying you of early dismissal information and flight info.

TTA expects a lot from you; however, if you understand and respect our policies, you will maximize the opportunity to make this your greatest summer yet! **Participants who do not abide by this TCPA AND/OR damage the group spirit will be sent home.**

Taste the Adventure requires that parents discuss this agreement with their teenager and reach a full understanding of the consequences of any detrimental behavior or breaking of these rules. If your teenager does not want to join Taste the Adventure because of these rules, we prefer that you choose a different program. We encourage teenagers and their parents to speak with our office directly to ask questions about what this trip is really like and if the Taste the Adventure program they are enrolled on matches the student and family expectations.

Participant and parent have read, understand and agree to accept and abide by these terms and Taste the Adventure rules and policies. We understand our signatures on this TCPA are required for participation.

DO NOT JOIN TASTE THE ADVENTURE OR SIGN THIS AGREEMENT IF YOU DO NOT UNDERSTAND OR DO NOT AGREE WITH ITS TERMS.

Trip Participant's Name (please PRINT): _____

Trip Name and Dates: _____

Signature of Participant: _____ Date: _____

Signature of Parent: _____ Date: _____